



Activated B Complex

B Vitamins in Activated Forms



A comprehensive B-Complex formula providing active B vitamin forms for optimal use in the body.

Offering pyridoxal 5-phosphate, riboflavin sodium phosphate and folic acid, as well as inositol, choline, and all the B vitamins, Orthoplex Activated B Complex supports overall wellbeing, especially during times of stress when nutrient needs are increased.

- ✓ **Gluten Free**
- ✓ **Dairy Free**
- ✓ **Sulfite Free**
- ✓ **Soy Protein Free**
- ✓ **Vegan**

Indications

- Supports general health and wellbeing
- Helps maintain normal blood health
- Supports a healthy stress response in the body
- Aids metabolism of sugar and carbohydrates
- Maintains cardiovascular and immune system health
- Supports neurotransmitter synthesis and nervous system health and function
- Supports skin health and hair growth in healthy individuals

Manufacturing Excipients: Colloidal anhydrous silica, disodium edetate, gellan gum, glycine, hypromellose, leucine, potable water, potassium acetate.

Incidental Excipients: Nil.

Warnings: Contains nicotinic acid which may cause flushing. Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible. [Contains vitamin B6] If pregnant or likely to become pregnant, consult a pharmacist or a doctor before use. Vitamin supplements should not replace a balanced diet. If symptoms persist, seek the advice of a healthcare professional.

Contraindications*:

Medications: None reported.

Pregnancy and lactation: Contact Clinical Support on 1800 077 113.

You may also be interested in:

MagPlex · Iron · PreDop Lift

Product details

OGABC-FS002

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Pack Size: 60 capsules

Adult Dose: Take 1 capsule daily with meals, or as recommended by your registered healthcare practitioner.

Storage: Store below 25°C in a cool, dry place, away from direct sunlight.

Capsule Size:  00

Each capsule contains:

Thiamine hydrochloride	50mg
equiv. Thiamine	44.6mg
Riboflavin sodium phosphate	20mg
Nicotinamide	80mg
Nicotinic acid	20mg
Pyridoxal 5-phosphate monohydrate	10mg
equiv. Pyridoxine	6.38mg
Pyridoxine hydrochloride	20mg
equiv. Pyridoxine	16.5mg
Calcium pantothenate	164mg
equiv. Pantothenic acid	150mg
Choline bitartrate	100mg
Inositol	100mg
Biotin	500mcg
Cyanocobalamin	500mcg
Calcium folinate	521mcg
equiv. Folic acid	400mcg