



# Anxioton

## Mild Anxiety and Sleeplessness



Orthoplex Anxioton combines nutrients to support nervous system function with traditional herbal support for the symptomatic relief of mild anxiety, sleeplessness and stress.

It includes herbal anxiolytics and nervines traditionally used in Western herbal medicine and Pacific Islander medicine along with *Melissa officinalis*, which is used in Western herbal medicine to relieve digestive discomfort.

✓ **Gluten Free**      ✓ **Dairy Free**

✓ **Soy Protein Free**    ✓ **Vegan**

- ✓ Premium herbal extracts targeted for traditional symptomatic relief of mild anxiety and stress
- ✓ High in kavalactones
- ✓ Kava chemotype tested

### Indications

- Kava is traditionally used in Pacific Islander medicine to relax the mind and relieve symptoms of stress and mild anxiety
- In traditional Western herbal medicine *Melissa officinalis* & *Passiflora* support the nervous system and relieve symptoms of stress
- Kava is traditionally used in Pacific Islander medicine to support healthy sleep patterns
- *Melissa officinalis* and *Passiflora* are both used traditionally in Western herbal medicine to relieve sleeplessness

**Manufacturing Excipients:** Calcium hydrogen phosphate dihydrate, microcrystalline cellulose, hypromellose, magnesium stearate, povidone, crospovidone, colloidal anhydrous silica, macrogol 8000, purified water, carnauba wax.

**Incidental Excipients:** Acacia, maltodextrin.

**Warnings:** Not for prolonged use. If symptoms persist seek the advice of a healthcare professional. Not recommended for use by pregnant or lactating women. May harm the liver. Mineral and nutrient supplements should not replace a balanced diet.

### Contraindications\*:

**Medications:** Levodopa, CNS Depressants.

**Pregnancy and lactation:** Not suitable.

### You may also be interested in:

Activated B Complex · MagPlex · Glycine

### Product details

OWANX-FS002

**AUST L** 375453

**Pack Size:** 60 tablets

**Adult Dose:** Take 2 tablets once or twice daily.

**Storage:** Store below 30°C in a cool, dry place, away from direct sunlight.

**Tablet Size:**  Large Oval

### Each tablet contains:

<i>Piper methysticum</i> root dry ext.	400mg
from <i>Piper methysticum</i> root dry	3.2g
contains std. Kavalactones	50mg
<i>Ziziphus jujuba</i> var. <i>spinosa</i> seed dry ext.	300mg
from <i>Ziziphus jujuba</i> var. <i>spinosa</i> seed dry	3g
<i>Passiflora incarnata</i> herb top flowering dry ext.	75mg
from <i>Passiflora incarnata</i> herb top flowering dry	1.5g
<i>Magnolia officinalis</i> stem bark dry ext.	150mg
from <i>Magnolia officinalis</i> stem bark dry	1.5g
<i>Melissa officinalis</i> flower and leaf dry ext.	75mg
from <i>Melissa officinalis</i> flower and leaf dry	750mg
Magnesium amino acid chelate	250mg
equiv. Magnesium	50mg
Glycine	100mg