

Basica®

FOR INNER BALANCE

Pure

EXCIPIENT FREE Alkalisng Mineral Formula



Supplemented Food

Alkalisng mineral formula to support:

- Acid-Base Balance
- Energy Production
- Healthy Stress Responses
- Muscle Function
- Connective Tissue Health
- Bone Health

- Excipient and additive free
- Gluten and wheat free
- Yeast free
- No added sugar
- No added sweetener
- Without flavours
- Vegan formulation
- Dairy and lactose free
- Egg free
- Copper free
- Nut and soy free
- Purine free



Each sachet of **Basica® Vital pure** (4.05 g) contains on average:

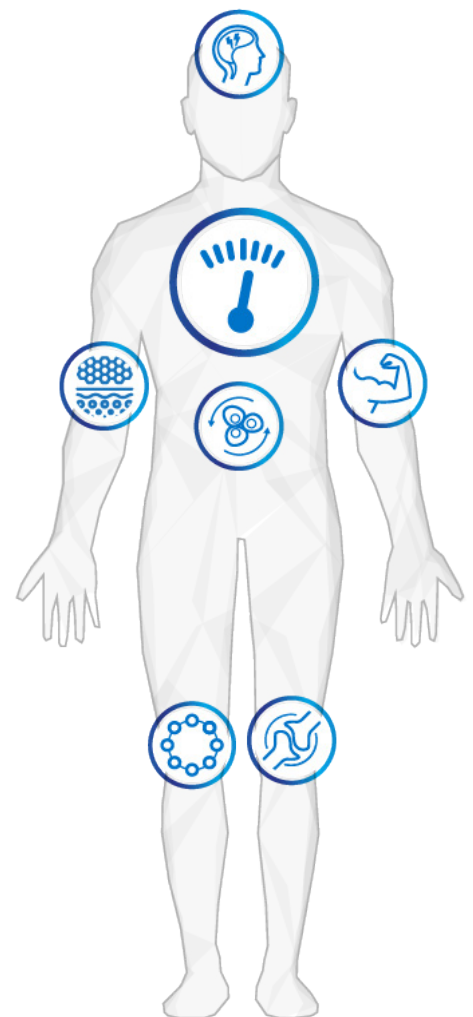
Energy	33 kJ	Potassium	175 mg
Protein	0 g	Calcium	275 mg
Fat, total	0 g	Chromium	20 mcg
-saturated	0 g	Magnesium	75 mg
Carbohydrate	0 g	Molybdenum	25 mcg
-sugars	0 g	Selenium	15 mcg
Sodium	188 mg	Zinc	2.5 mg

Pack Size: 20 x 4.05g sachet.

Directions: Adults - Take 1 sachet with 250 mL of water or juice and stir until dissolved. Consume within 2 hours. If symptoms persist, talk to your healthcare professional.

Product features:

- Vegetarian and vegan friendly formula.
- Free from wheat, yeast, gluten, soy, dairy, animal products, sugar, lactose, salt, egg, nuts, artificial colours, flavours and preservatives.



Even a slight alteration in the body's pH can cause physiological imbalances

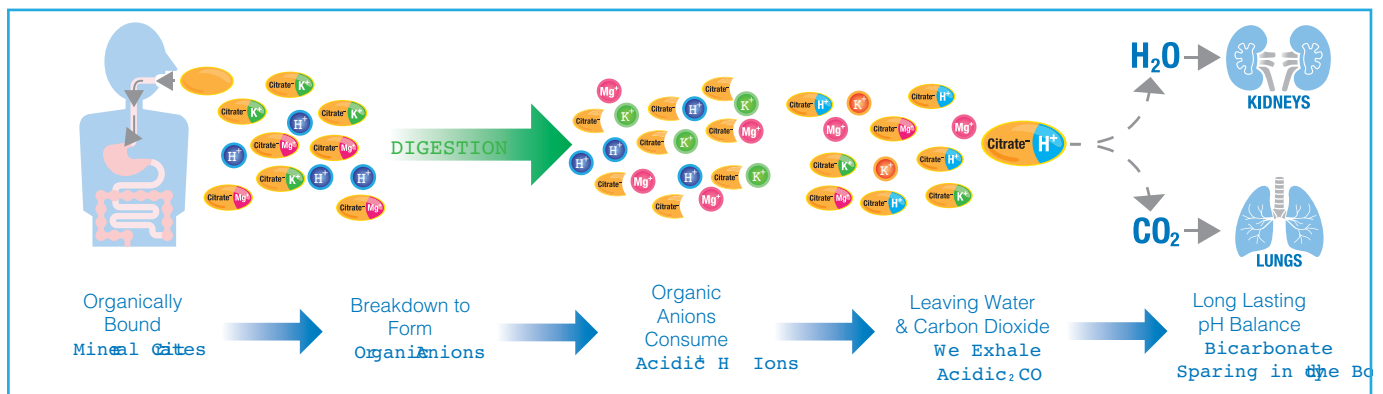
Physiological pH varies across different organs and tissues. The blood's pH is tightly regulated; if the blood's pH value drops severely this is called Acute Metabolic Acidosis – a serious condition. Chronic Metabolic Acidosis (CMA), however, is a more subtle condition that produces small shifts in physiological pH towards acidity. CMA can have a detrimental impact on the optimal function of virtually all body systems.

“A growing body of research has now clearly documented the clinical benefit of an alkaline diet and alkalising supplements.”

Pizzorno J. Acidosis: An Old Idea Validated by New Research. Integr Med (Encinitas). 2015;14(1):8–12.

Mineral citrates are the preferred choice for alkalising effects

Mineral citrates have been proven to help support healthy pH balance, without disturbing normal digestive processes. In the digestive tract, citrate dissociates quickly and easily from associated minerals, allowing the free mineral ions and the citrate molecules to be rapidly absorbed into the blood stream. Once absorbed citrate molecules consume acidic hydrogen ions (H^+). These are then converted to water (H_2O) and carbon dioxide (CO_2) for easy excretion.



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