



# BioEnhanced Methyl-B

Activated B Formula with L-5-MTHF and Nicotinamide Riboside



Orthoplex BioEnhanced Methyl-B supports cardiovascular health by providing the crucial cofactors, L-5-MTHF, P-5-P, and methylcobalamin, involved in methylation. This low excipient formula also includes nicotinamide riboside, one of the most highly researched nicotinamide adenine dinucleotide (NAD+) precursors, as part of its activated and methylated B vitamin profile.

Depleted increasingly with age, NAD+ is an essential coenzyme involved in electron transfer reactions and multiple metabolic pathways including oestrogen, progesterone and insulin production.

✓ **Gluten Free**      ✓ **Dairy Free**      ✓ **Sulfite Free**

✓ **Soy Protein Free**      ✓ **Vegan**

- ✓ Contains nicotinamide riboside
- ✓ Low excipient
- ✓ With CoQ10 and vitamin C
- ✓ Contains both L-5-MTHF and folic acid, and methylcobalamin and hydroxocobalamin
- ✓ Stringent laboratory testing of Metafolin® includes:
  - Testing for impurities and heavy metals
  - Testing for biologically inactive D-5-MTHF

**Manufacturing Excipients:** Calcium hydrogen phosphate dihydrate, colloidal anhydrous silica, disodium edetate, gellan gum, hypromellose, microcrystalline cellulose, potable water, potassium acetate.

**Incidental Excipients:** Nil.

**Warnings:** Do not take while on warfarin therapy without medical advice. Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible [Contains vitamin B6]. Not to be taken by children under 12 years old. Vitamin and nutrient dietary supplements should not replace a balanced diet. Contains ribose.

**Contraindications\*:**

**Medications:** Warfarin.

**Pregnancy and lactation:** Contact Clinical Support on 1800 077 113.

**You may also be interested in:**

MagPlex · Taurine 500 · N-acetylcysteine

## Product details

OWBMB-FS003

**AUST L** 398356

**Pack Size:** 60 capsules


**Adult Dose:** Take 1 capsule daily with food, or as recommended by your registered healthcare practitioner.

**Storage:** Store below 30°C in a cool, dry place, away from direct sunlight.

**Capsule Size:**  00

## Each capsule contains:

|  |                  |
|--|------------------|
| Ascorbic acid  | 300mg            |
| Ubidecarenone (Coenzyme Q10)                                 | 30mg             |
| Thiamine hydrochloride<br>equiv. Thiamine                    | 100mg<br>89.2mg  |
| Riboflavin sodium phosphate<br>equiv. Riboflavin             | 30mg<br>21.9mg   |
| Nicotinamide   | 50mg             |
| Nicotinamide riboside chloride                               | 50mg             |
| Calcium pantothenate<br>equiv. Pantothenic acid              | 50mg<br>45.8mg   |
| Pyridoxal 5-phosphate monohydrate<br>equiv. Pyridoxine       | 26.8mg<br>17.1mg |
| Biotin   | 500mcg           |
| Calcium folinate<br>equiv. Folinic acid                      | 110mcg<br>100mcg |
| Levomefolate calcium (Metafolin®)<br>equiv. Levomefolic acid | 430mcg<br>400mcg |
| Mecobalamin (Co-methylcobalamin)                             | 400mcg           |
| Hydroxocobalamin   | 100mcg           |

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## Indications

- Supports a healthy stress response in the body
- Aids neurotransmitter synthesis
- Supports healthy cardiovascular system function
- Supports energy production
- Supports healthy mood balance

\*Information taken from Natural Medicines Database regarding "Major" contraindications related to active ingredients only and accurate as of November 2022. Please note this product can only be purchased if you are an Orthoplex White approved customer. Always read the label. If symptoms persist talk to your health professional. Strictly practitioner only.