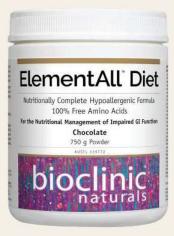
# **ElementAll™ Diet**

### **Nutritionally Complete Hypoallergenic Formula**

Available in 750 g Powder (Chocolate) and 704 g Powder (Tropical)

ElementAll™ Diet is a nutritionally complete formula to aid repair of the gastrointestinal wall lining and support small intestinal health. Containing pure, 100% free-form amino acids, readily absorbed carbohydrates and MCTs, this hypoallergenic formula contains the daily recommended allowances for all nutrients, vitamins and minerals in easily digestible forms.

- Contains 100% free-form amino acids.
- By delivering nutrients in readily digestible forms, ElementAll™
   Diet relieves digestive discomfort and decreases symptoms of nervous indigestion.
- Hypoallergenic formula contains no dairy, gluten, yeast or tree nuts.





An elemental diet (ED) contains all the daily recommended allowances for essential fatty acids, vitamins, minerals and other nutrients required by the body for proper physiological functioning. It is similar to a meal replacement for the day, however it has no whole proteins, instead featuring pure, free-form amino acids.

This means that the ED is absorbed into the bloodstream from the proximal part of the small intestine and allows for an almost immediate assimilation.

This immediate absorption is very important as it renders most of the digestive processes unnecessary.

The result being a significant reduction in the reaction of food particles within the digestive tract and a decrease in the majority of inflammatory symptoms associated with various gastrointestinal conditions. There have also been numerous clinical trials that confirm the elemental diet's effectiveness.

However, despite the obvious benefits of the elemental diet, it has not been widely prescribed by medical physicians. This is because the most prevalent issue with past elemental diets has been their poor palatability and therefore poor patient compliance.

#### Bioclinic Naturals ElementAll™ Diet

Bioclinic Naturals ElementAll™ Diet was developed in order to provide an important tool for health care practitioners when dealing with many health issues directly or indirectly related to gastrointestinal well-being. A key

motivation was to overcome the poor taste that is typical of existing formulas in order to aid patient compliance. ElementAll<sup>TM</sup> Diet achieves this whilst also delivering a highly effective, hypoallergenic, whole-protein free and nutrient rich formula.

- Hypoallergenic meal replacement, which can be used as a sole source of nutrition, under medical supervision.
- Pure, 100% free-form amino acids, readily absorbed carbohydrates and MCTs to aid absorption in cases of severely compromised gastrointestinal (GI) tracts.
- Absorbed in the first two feet of the small intestine, thus preventing food particles from reacting with the majority of the GI tract. This reduces many of the symptoms associated with GI conditions.
- Nutritionally complete formula containing the daily recommended allowances for all nutrients, vitamins and minerals.
- May also be recommended as part of more general detoxification, elimination or gut restoration programs or protocols.
- Great tasting formula for better compliance.
- Ø By delivering nutrients in a digestible form, ElementAll™ Diet relieves digestive discomfort and decreases symptoms of nervous indigestion.

- Ø ElementAll™ Diet also helps maintain energy levels and assists in the metabolism of fats and carbohydrates.
- Ø ElementAll™ Diet supports healthy bowel and small intestine function and assists in the repair of body tissue.
- Ø ElementAll™ Diet assists in relieving inflammation and helps restore healthy gut bacteria.
- Gluten, dairy, soy, egg, yeast, tree nut and GMO free.

Nutrition Information*			
	Average quantity per serving (37.5 g)	Average quantity per 100 g	
Energy	616.64 kJ (147.38 Cal)	1644.31 kJ (393 Cal)	
Protein	7.12 g	19 g	
Carbohydrates	23.36 g	62.3 g	
Sugars	10.05 g	26.8 g	
Fats total	2.93 g	7.82 g	
Saturated fat	2.52 g 6.72 g		
Sodium	101.6 mg	271 mg	



## **Active Ingredients**

Each serve (37.5 g) Contains:\*

L-glutamine	2.222 g	Zinc (sulfate monohydrate)	2.08 mg
L-leucine	1.67 g	Selenium (selenomethionine)	11.54 microgram
L-lysine hydrochloride Equiv. L-lysine	451.27 mg	Copper (cupric sulfate pentahydrate)	167 micrograms
	361 mg	Molybdenum (trioxide)	8 micrograms
L-isoleucine	450 mg	Chromium (picolinate)	13 micrograms
L-valine	450 mg	lodine (potassium iodide)	17 micrograms
L-phenylalanine	200 mg	Boron (borax)	250 micrograms
L-threonine	200 mg	Choline bitartrate Equiv. choline	80.89 mg 33.25 mg
L-cysteine hydrochloride Equiv. L-cysteine	209.62 mg 139 mg	Sodium ascorbate Equiv. ascorbic acid (vitamin C)	22.5 mg 20 mg
L-methionine	120 mg	dl-alpha-tocopherol acetate (10 IU vitamin E)	10.01 mg
L-tyrosine	112.5 mg	Nicotinamide	3.25 mg
L-histidine hydrochloride Equiv. L-histidine	181.69 mg 150 mg	Retinol palmitate (252 micrograms RAE/833.33 IU vitamin A)	462 micrograms
L-aspartic acid	111 mg	Pyridoxine hydrochloride Equiv. vitamin B6	777 micrograms 650 micrograms
L-proline	111 mg	Colecalciferol (66 IU vitamin D3)	1.65 micrograms
L-serine	27.75 mg	Riboflavin (vitamin B2)	500 micrograms
L-alanine	27.75 mg	Thiamine nitrate (vitamin B1)	500 micrograms
Glycine	27.75 mg	Folic acid	30.76 micrograms
Taurine	11 mg	Levomefolic acid (from 0.015 mg levomefolate glucosamine)	5 micrograms
L-carnitine tartrate Equiv. L-carnitine	10.99 mg 7.5 mg	Biotin	50 micrograms
Potassium (citrate)	145.75 mg	Calcium pantothenate Equiv. pantothenic acid	3.56 mg 3.25 mg
Magnesium (citrate, glycerophosphate)	33.25 mg	Phytomenadione (vitamin K1)	10 micrograms
Calcium (calcium phosphate, glycerophosphate)	100 mg	Cyanocobalamin (vitamin B12)	2 micrograms
Iron (ferrous fumarate)	1.5 mg	Glucose monohydrate (dextrose)	12.5 g
Manganese (sulfate)	330 micrograms	Lecithin	250 mg

<sup>\*</sup>Information for chocolate flavour. Contains fish, sugar, sulfites

Directions for use: (chocolate): Mix 37.5 g (approximately 60 mL or 1 quarter cup) with 250 mL water and stir until combined. Consume up to 13 servings (487.5 g) spread over the course of the day or as directed by a health care practitioner.

Contraindications: Avoid if persistent nausea/vomiting and/or mechanical obstruction. Safety during pregnancy/lactation is not established. Diabetics should monitor blood sugar closely.

Drug Interactions: May impair absorption of quinolones, e.g. ciprofloxacin.

Contains no artificial colours, preservatives, or sweeteners; no dairy, wheat, gluten, yeast, egg, shellfish, tree nuts or GMOs.

Warnings: Vitamins and minerals can only be of assistance if dietary intake is inadequate. If symptoms persist, talk to your health professional. Phenylketonurics are warned that this product contains phenylalanine. Do not use if you are pregnant or likely to become pregnant. This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms of selenium for adults from dietary supplements should not be exceeded. Contains dextrose. Contains zinc which may be dangerous if taken in large amounts or for a long period.

#### References

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