



# Gut-R

## Gut Support & Repair



Orthoplex Gut-R was developed for the specialist practitioner. A high-end, first-line prescription that helps heal the gut wall and provides key ingredients to effectively support patients' health.

Orthoplex Gut-R raises the standard of what is currently available to practitioners, offering a validated intervention to assist the repair of the gut wall lining and relieve inflammation.

- ✓ **Gluten Free**
- ✓ **Dairy Free**
- ✓ **Soy Protein Free**
- ✓ **Vegan**

- ✓ Specialised formula to repair the intestinal wall
- ✓ No added fibre
- ✓ Every ingredient is at clinically relevant dosages
- ✓ Low excipient

### Indications

- Aids repair of the gut wall lining
- Relieves inflammation in healthy individuals
- Supports optimum gastrointestinal system health

**Manufacturing Excipients:** Colloidal anhydrous silica, natural lemon flavour, glycine, malic acid, *Stevia rebaudiana*.

**Incidental Excipients:** Acacia, d-alpha-tocopherol, dl-alpha-tocopherol, fractionated coconut oil, liquid glucose, maize starch, maltodextrin, silicon dioxide, spray-dried glucose syrup, sodium ascorbate.

**Warnings:** If you are pregnant, or considering becoming pregnant, do not take vitamin A supplements without consulting your doctor or pharmacist. When taken in excess of 3000 micrograms retinol equivalents, vitamin A can cause birth defects. The recommended daily amount of vitamin A from all sources is 700 micrograms retinol equivalents for women and 900 micrograms retinol equivalents for men. Vitamin, mineral and nutritional supplements should not replace a balanced diet. If symptoms persist, talk to your health professional. Contains sulfites.

### Contraindications\*:

**Medications:** Retinoids, Warfarin.

**Pregnancy:** Not suitable.

**Lactation:** Contact Clinical Support on 1800 077 113.

### You may also be interested in:

MultiGen Biotic · S.Bifido Biotic · Intestaclear

### Product details

OWGRL-FS003

**AUST L** 374840

**Pack Size:** 210g oral powder

**Flavour:** Lemon

**Adult Dose:** Mix 1 scoop (1 level included scoop contains approx. 7g) into 200mL of water and consume immediately. Take once daily, or as recommended by your registered healthcare practitioner.

**Storage:** Store below 25°C in a cool, dry place, away from direct sunlight.

### Each 7g (1 level included scoop) contains:

Glutamine	5g
Polaprezinc (Zinc carnosine) equiv. Zinc	79.1mg 17mg
Retinol acetate equiv. Vitamin A (2500 IU)	0.886mg 750µg RE
Colecalciferol (1000IU)	25µg
Quercetin dihydrate	250mg
<i>Curcuma longa</i> rhizome dry ext from <i>Curcuma longa</i> rhizome dry equiv. Curcuminoids	35.7mg 7.82g 119mg

RE - Retinol Equivalents

### Bioavailable Turmeric Extract



Featuring an exciting, industry-first turmeric extract that is produced via a clean, breakthrough proprietary extraction process, it provides superior bioavailability compared to the leading curcuminoid extracts<sup>1,2</sup> with no added excipients.

- ✓ Bioavailable turmeric extract including
  - Over 70 identified molecules
  - 17 key clinically significant active constituents
  - Pharmacokinetic studies in humans indicate nearly 2-5 times greater curcumin bioavailability per mg than leading turmeric extracts<sup>1</sup> and 10 times greater bioavailability than normal curcumin<sup>2</sup>

**Independent third-party testing at Australia's most respected phytochemical laboratory confirms the presence of the following key components in the *Curcuma longa*:**

**Curcuminoids:** Curcumin, Demethoxycurcumin, Bisdemethoxycurcumin.

**Tumerones:** β-turmerone, Ar-turmerone, α-turmerone.

**Clinically significant bioactive constituents:** 4-vinyl, 2-methoxy phenol, β-carophyllene, curcumene, AR curcumene, α-zingiberene, β-bisabolene, β-curcumene, β-sesquiphellandrene, 1-(4-hydroxybenzylidene) acetone, Trans-α-atlantone, 4-(4-hydroxy-3-methoxyphenyl)-3-buten-2-one.

<sup>1</sup>Gopi, S. et al. Comparative Oral Absorption of Curcumin in a Natural Turmeric Matrix with Two Other Curcumin Formulations. *Phytotherapy Research* (2017).

<sup>2</sup>Gopi, S. et al. A Pilot Cross-Over Study to Assess the Human Bio Availability of "Cureit". *Asian Journal of Pharmaceutical Technology & Innovations*, 03 (11); 2015; 92-96.

\*Information taken from Natural Medicines Database regarding "Major" contraindications related to active ingredients only and accurate as of August 2022. Please note this product can only be purchased if you are an Orthoplex White approved customer. Always read the label. If symptoms persist talk to your health professional. Strictly practitioner only.