

MagDuo

Two forms of magnesium in a convenient tablet



Pack Size: 120 film coated tablets.

Directions for Use: Take 1–2 tablets with water twice daily, preferably with a meal, or as directed by your healthcare practitioner. Tablets can be broken in half.

Storage Guide: Store below 25°C in a cool, dry place.

Warnings: Contains sulfites. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist, talk to your health professional.

Often used in conjunction with:

- CalmPlex
- BioFlam
- ThyRestore®
- BioFem®
- Omega Ease
- Mood Fx

Product Highlights

High-dose tablet for convenient dosing

From two highly-regarded and bioavailable forms of magnesium

Vegan and PEG free

Strictly Practitioner Only

Each film coated tablet contains:

Magnesium (from magnesium citrate)	105 mg
Magnesium (from magnesium glycinate dihydrate)	45 mg
Total elemental magnesium	150 mg

Product Indications:

- Antispasmodic; supports healthy muscle contraction and relaxation
- Supports muscle health
- Supports nerve function, neurotransmitter synthesis, nervous system function and healthy sleeping patterns
- Supports energy levels