

**RejuvaCALM FORTE contains a unique** combination of herbs traditionally used as nervines and sedatives for relief of mild symptoms of stress, restlessness, nervous tension, and sleeplessness.

# **Rejuva**CALM FORTE contains herbs traditionally used in Chinese and Western herbal medicine to:

- · Help relieve symptoms of stress and anxiety
- Relieve sleeplessness, including reducing the time taken to fall asleep and improving the quality of sleep
- Promote mental relaxation
- · Support the nervous system and aid physical relaxation during times of stress
- · Relieve symptoms of indigestion and dyspepsia, particularly of a nervous origin

## Each *RejuvaCALM FORTE* capsule contains extracts equivalent to:

Ziziphus jujuba var. spinosa (Jujube) extract	300 mg	
Derived from dry seed	3.0 g	
Magnolia officinalis (Magnolia) extract	150 mg	
Derived from dry stem bark	1.5 g	
Passiflora incarnata (Passionflower) extract	75 mg	
Derived from dry herb top flowering	1.5 g	
Melissa officinalis (Lemon balm) extract	100 mg	
Derived from dry flower and leaf	1.0 g	
Lavandula angustifolia (Lavender) extract	125mg	
Derived from dry flower	500mg	

### Pack Size: 60 hard vegetable capsules

Directions: Adults

- For anxiety: Take 1-3 tablets daily throughout the day, or as directed by your healthcare professional. If symptoms persist consult your healthcare professional.
- For sleeplessness: Take 1-3 tablets daily 1 hour before bed, or as directed by your healthcare professional. If symptoms persist consult your healthcare professional.

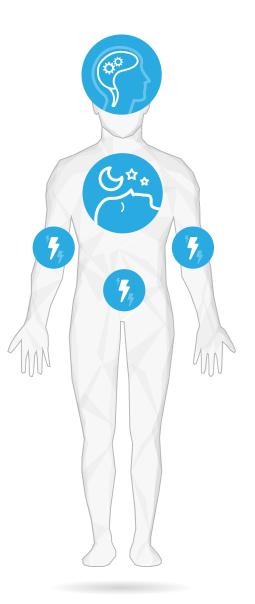
#### **Product features:**

- Vegetarian and vegan friendly formula.
- No added wheat, yeast, gluten, soy, egg, dairy, animal products, corn, nuts and artificial colours, flavours and preservatives.
- Free from SLS and magnesium stearate.





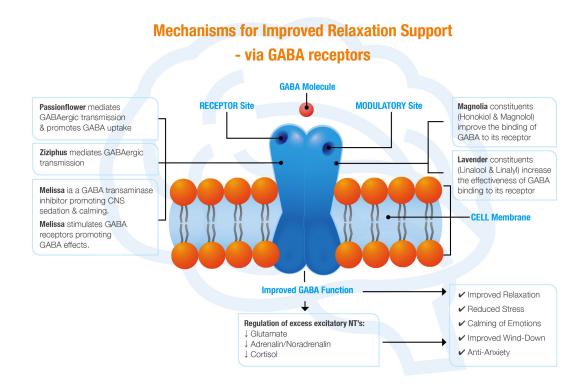
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### **BIO-PRACTICA PRODUCTS ARE FOR HEALTHCARE PRACTITIONERS ONLY**

# **Herbal Support for Relaxation**

Magnolia, Passionflower, Zizyphus, Lemon Balm, and Lavender all promote relaxation by modulating the stress response and supporting activity of calming neurotransmitters, such as GABA.



# **Relief of Stress, Anxiety & Sleeplessness**

Magnolia, Passionflower, Zizyphus, Lemon Balm, and Lavender all help with management of stress; whilst Passionflower, Zizyphus, and Lavender also help relieve sleeplessness, including reducing the time taken to fall asleep and improving the quality of sleep.

INGREDIENT	EXERTS A CALMING EFFECT	RELIEVES NERVOUS TENSION	NERVOUS System support	ASSISTS WITH SLEEPLESSNESS
Ziziphus jujuba var. spinosa (Jujube)	<ul> <li>✓</li> </ul>	<ul> <li></li> </ul>	<ul> <li>✓</li> </ul>	v
Magnolia officinalis (Magnolia)	V		×	
Passiflora incarnata (Passionflower)	×	<ul> <li>Image: A set of the set of the</li></ul>		<ul> <li></li> </ul>
Melissa officinalis (Lemon balm)	V	<ul> <li></li> </ul>		
Lavandula angustifolia (Lavender)	V	<ul> <li></li> </ul>		<ul> <li></li> </ul>





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